

*Ikutlwa*BESPOKE WELLNESS RITUALS *by TD'A*

	MINS	COST
BALANCE		
Bliss massage	60 90	R 1590 R 1990
Dreamsight massage	60 90	R 1890 R 2090
STRENGTHEN		
Immune boosting massage	60 90	R 1590 R 1990
Sports massage	60 90	R 1590 R 1990
Deep tissue massage	60 90	R 1590 R 1990
UNWIND		
Tension release massage	60 90	R 1490 R 1890
Bespoke aromatherapy massage	60 90	R 1690 R 2190
PURIFY		
Detoxing pinda massage	60 90	R 1590 R 1990
Tri-touch massage	60 90	R 1590 R 1990
REGENERATE		
Fynbos hammam ritual	120	R 2850
Pressure Point Foot Massage	15	R 475

Lafenis

SIGNATURE WELLNESS CEREMONIES

	MINS	COST
FYNBOS CEREMONY by TD'A Apothecary experience, scrub hammam, body mask massage, facial	210	R 4500
THE HAZENDAL ESCAPE Scrub, wrap, massage, facial manicure, pedicure	300	R 6800
A MINDFUL RITUAL FOR TWO Hammam, massage, facial	150	R 7300 (per couple)

Mlaziyeke

CURATED FACIAL TREATMENTS

Rebalancing clay facial by TD'A	60	R 1590
Bespoke microbiome harmonizing facial by Esse	60	R 1590
Live probiotic experience by Esse	60	R 1990

Imphepha

CURATED BOTANICAL BODY TREATMENTS

	MINS	COST
Fynbos body wrap	60	R 2500
Rooibos and baobab body wrap	60	R 2500
Myrrh body polish	60	R 1990

Hands and feet

Express Classic manicure	30 60	R 350 R 490
Classic deluxe pedicure	60 80	R 590 R 850
Gel manicure	60	R 650
Gel pedicure	60	R 750
Gel soak off	30	R 200
Manicure Evo Gel application	30	R 350
French paint application	30	R 100
Callus Foot peel	15	R 300
Steam Room	30	R 450

Kids Treatment Menu
(AGES 6 - 13)

Introduce your little ones to the world of relaxation and self-care with our kids' spa menu. Our specially designed treatments are perfect for children and teens, helping them to unwind and destress in a fun and safe environment.

Products used are 100% organic/hypoallergenic and suitable for sensitive skin.

MASSAGES

Back massage	R725 30 min
Full-body massage	R850 50 min

HANDS AND FEET

Mini-mani	R250 30 min
Mini-pedi	R300 30 min

FACIALS

Vitamin express facial	R1000 30 min
Deep pore cleansing facial	R1000 30 min